# Digit ratios among the modern population of the Canary Islands 

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#### Abstract

SUMMARY Sexual differences in the index to ring finger length ratio (2D:4D ratio) have been observed since more than 150 years ago, and they are already present in the foetus. Homeobox genes, which also control the differentiation of testes and ovaries, are involved in finger conformation, which is subjected to the influence of testosterone and estrogen levels. In general, women show larger 2D:4D digit ratios, although differences between sexes are subjected to ethnic variations. This study was performed in order to analyse the absolute values of several digit ratios (2D:4D; 4D:3D; 2D:3D) among 164 young adults of Tenerife (101 women). Finger lengths were directly measured dorsally using a calliper with an accuracy level of 0.01 mm . Dorsal digit lengths were defined as the distance between the fingertip and the dorsal base of the proximal phalanx, in a position in which fingers and palms formed an angle of $90^{\circ}$. We found that 2D:4D of both hands (for instance, women $=0.9631 \pm 0.02647$; men $=0.9535 \pm 0.02507$ for the left 2D:4D ratios), the left 2D:3D ( $0.9063 \pm$ 0.02216 in women; $0.8980 \pm 0.01931$ among men) and the right 4D:3D ratios ( $0.9377 \pm 0.03625$ among women vs $0.9471 \pm 0.02138$ among men) were significantly different among men and women. The magnitude of the difference among sexes is similar to that reported for other populations, and they allow for the elaboration of a discriminant function with an accuracy of $60.4 \%$, that reaches


[^0]$86 \%$ if stature is also included. We applied this discriminant function to a test group composed of 36 randomly selected women and 24 men, obtaining an accuracy of $58.33 \%$ and $81.67 \%$, respectively.

Key words: Digit ratio - Sexual dimorphism - Canary Islands population

## INTRODUCTION

Assessment of sexual dimorphism is a widely investigated subject, since it has important implications in forensic medicine and anthropology. Sexual assignment of dispersed human remains can be achieved using a wide spectrum of procedures, ranging from genetics to pure anthropometric measurements. Although skeletal dimorphism is clearly evident in pelvic bones, and also in several parameters obtained from long bones and many other bones or teeth, usually combined in discriminant functions (Iscan and Miller-Shaivitz, 1984), differences are less evident in other parts of the body, such as hands. Sexual differences in the index to ring finger length ratio (2D:4D digit ratio) were observed more than 150 years ago (Ecker, 1875), and are already present in intrauterine life (Phelps, 1952). In the past two decades, several studies have pointed out that these differences are driven by the Homeobox genes, which also regulate the differentiation of testes and ovaries (Kondo et al., 1997). The values of 2D:4D ratios should depend on the intrauterine exposure of the developing finger to testosterone and estrogen levels (Lutchmaya et al., 2004), both of fetal and mater-

[^1]nal origin, although this dependence is not universally accepted (Hampson and Sankar, 2012). Moreover, in some populations no differences in the digit ratios are detected (Evardone and Alexander, 2009; Kumar et al., 2017; Apicella et al., 2016), whereas in others the differences are striking (Gorka et al., 2015). Therefore, in addition to the eventual intrauterine exposure to sex hormones, it seems that there must be also a genetic background, and because of this, it is important to assess whether or not there are differences among sexes in several different population groups.
As mentioned previously, in most studies men and women show different values of the 2D:4D ratio. It is usually greater among women than among men ( 1 vs 0.98 in the early report by Manning et al, 1998), but there are different results according to ethnicity (Manning et al., 2007; Xi et al., 2014), and also variations according to the method employed for measuring finger lengths (Manning et al., 2005; Vehmas et al., 2006). Many authors have analysed the relationship of this ratio with several traits of "masculinity" or "femininity" (Evardone and Alexander, 2009), with muscle strength (Ribeiro et al., 2016; Tomkinson and Tomkinson, 2017), with sexual behaviour (Robinson and Manning, 2000), or with reproductive success (Manning et al., 2000; Manning and Fink, 2008). Others have tested its clinical value as a diagnostic aid in some situations in which the developing foetus could be exposed to altered testosterone levels (Brown et al., 2002; Jeevanandam and Muthu, 2016), and others have hypothesized that variations in the 2D:4D digit ratio might predispose to several diseases (Manning and Bundred, 2000), including osteoarthritis (Ferraro et al., 2010).

However, as reported, there are also variations according to ethnicity -as it happens with many other dimorphic features-, and to the method employed. It is therefore important to gather information about the values of the 2D:4D digit ratio in different populations of the world. To our knowledge, this ratio has not been assessed among the modern population of the Canary Islands. Therefore, the aim of this study is to analyse the eventual differences in 2D:4D, 2D:3D and 4D:3D ratios among men and women of Tenerife, an island of the Canary Archipelago, whose population consists of a mixture of Spaniards, Portuguese and other European ancestors with the Guanches -the indigenous population that inhabited the island before the Spanish conquest.

## MATERIALS AND METHODS

The study included two different samples, a study sample and a test sample. The study sample was composed of 164 individuals ( 101 women and 63 men) with a mean age of $21.80 \pm 4.68$ years (median 21, interquartile range 19-23 years), all of
them students at the medical school of the University of La Laguna (Tenerife). Individuals were selected if there was no history of hand injuries, deformity or arthrosis, and if they gave informed consent to participate in the study.
Body mass index (BMI) was calculated combining stature (self-reported in many cases, assessed by a stadiometer when the individuals were unsure about it) and weight (self-reported o directly weighed if the individual did not know his or her weight), as

$$
\mathrm{BMI}=\text { Weight }(\mathrm{Kg}) / \text { Stature (meters). }{ }^{2}
$$

For digit length measurement we followed the method described by Kumar et al. (2017). Briefly, digits were directly measured dorsally using a digital calliper with an accuracy level of 0.01 mm . Dorsal digit length was defined as the distance between the fingertip and the dorsal base of the proximal phalanx, in a position in which fingers and palms formed an angle of $90^{\circ}$ (Fig. 1). The ring finger, index finger and middle finger were measured this way, and the corresponding digit ratios were calculated (and expressed as 2D:4D; 2D:3D, and 4D:3D ratios). In addition, we measured the length of the proximal phalanx of the three mentioned fingers, and calculated the proximal phalanx/total length indices for each of the mentioned fingers.
The test sample was selected in order to determine if the obtained discriminant function served to separate sexes among the living population of Tenerife, whatever age or stature. Inclusion criteria were the same described for the study group, but the population included individuals with variable ages, who were selected among students, teachers, and workers at the Hospital Universitario de Canarias (associated to the medical college of the University of La Laguna), comprising 24 men and 36 women, with a wide age range (median age 29; $I Q=26-43.5$ years).


Fig 1. Measurement of finger length.

## Statistics

First, we tested whether the digit ratios or BMI were normally distributed or not, by means of Kol-mogorov-Smirnov test. If variables showed a parametric distribution we used Student's t test to compare their means among sexes (or MannWhitney's U-test if we order the individual values hierarchically); if the distribution was not parametric we used Mann-Whitney's U test for comparisons among sexes. If we wanted to analyse whether there was a relationship among two parametric variables, we used Pearson's single correlation test, or Spearman's test if the analysed variables showed a non-parametric distribution. If there were two or more variables related to a third variable and we wanted to know which of them was independently related to the third one, we utilised multiple regression analysis. With those digit ratios that showed differences among sexes in the univariate analysis we performed both a logistic regression analysis, in order to discern which of the digit ratios was independently related to sex, and discriminant function analyses, that were then applied to a test group. Other discriminant function analyses were also performed including stature or finger lengths. These discriminant function analyses were then applied to the test sample. All the statistical analyses were made using SPSS 15.0 software (Chicago, Illinois, USA).

## RESULTS

We included 164 individuals, 101 women and 63 men aged $22.20 \pm 5.53$ and $21.17 \pm 2.75$ respectively . Most of them (149) were right handed.

## BMI

BMI values ranged from 16.97 to 36.43 with a median value of 22.59 (Interquartile range (IQR): 20.51-24.69), slightly higher among men (26.46 $\pm 2.43$ ) than among women ( $22.63 \pm 3.64$, $\mathrm{t}=1.75, \mathrm{p}=0.082$ ). Men were taller (176.92 $\pm 6.86$ $\mathrm{cm})$ than women $(163.38 \pm 6.44 \mathrm{~cm}, \mathrm{t}=12.77$, $\mathrm{p}<0.001$ ), and also heavier ( $73.76 \pm 10.55$ vs. $60.5 \pm 10.81 \mathrm{~kg}, \mathrm{t}=7.77, \mathrm{p}<0.001$, Table 1).

## Digit ratios

Results regarding differences in the 2D:3D, 2D:4D and 4D:3D ratios for the right and the left hand are shown in Table 1. We can see that there are statistically significant differences in 4D:3D ratio of the right hand, that was greater among men $(t=2.39, p=0.018)$. In the left hand, results of the 4D:3D ratio obtained for men and women were similar. The 2D:4D ratio in the left hand was greater among women ( $t=2.29, p=0.023$ ) and also showed a nearly significant trend to higher values among the right hand of women ( $t=1.93, p=0.055$ ). However, when this variable was compared using a non-parametric test (Mann-Whitney's U-test), differences were highly significant $(Z=3.08$; $\mathrm{p}=0.002$ ). In the right hand, a total of 11 women (10.89\%) and 6 men ( $9.52 \%$ ) showed a value of the 2D:4D ratio higher than 1 (i.e, longer index fingers than ring fingers). In the left hand, 8 women (7.89\%) and 3 men (4.76\%) showed longer index fingers than ring fingers. The 2D:3D digit ratio was significantly greater among women than among men ( $t=2.44, p=0.016$ ) in the left hand, but not in the right one ( $\mathrm{t}=0.12$, NS). Considering only righthanded individuals ( 91 women and 58 men) differences in the left 2D:3D and 2D:4D indices still pre-

Table 1. Differences of several digit ratios among men and women in the study group (dorsal measurements).

|  | Women $(\mathrm{n}=101)$ | Men $(\mathrm{n}=63)$ | $\mathrm{T} ; \mathrm{p}$ |
| :--- | :---: | :---: | :--- |
| Left 4D:3D ratio | $0.9413 \pm 0.02107$ | $0.9421 \pm 0.02097$ | $\mathrm{~T}=0.22 ; \mathrm{NS}$ |
| Right 4D:3D ratio | $0.9377 \pm 0.03625$ | $0.9471 \pm 0.02138$ | $\mathrm{~T}=2.39 ; \mathrm{p}=0.018$ |
| Left 2D:4D ratio | $0.9631 \pm 0.02647$ | $0.9535 \pm 0.02507$ | $\mathrm{~T}=2.29 ; \mathrm{p}=0.023$ |
| Right 2D:4D ratio | $0.9625 \pm 0.02890$ | $0.9535 \pm 0.02958$ | $\mathrm{~T}=1.93 ; \mathrm{p}=0.055$ |
| Left 2D:3D ratio | $0.9063 \pm 0.02216$ | $0.8980 \pm 0.01931$ | $\mathrm{~T}=2.44 ; \mathrm{p}=0.016$ |
| Right 2D:3D ratio | $0.9022 \pm 0.01959$ | $0.9026 \pm 0.02174$ | $\mathrm{~T}=0.12 ; \mathrm{NS}$ |
| First phalanx/D4 length (right hand) | $0.5676 \pm 0.02023$ | $0.5645 \pm 0.02652$ | $\mathrm{~T}=0.84 ; \mathrm{NS}$ |
| First phalanx/D3 length (right hand) | $0.5770 \pm 0.01314$ | $0.5780 \pm 0.02241$ | $\mathrm{~T}=0.37 ; \mathrm{NS}$ |
| First phalanx/D2 length (right hand) | $0.5906 \pm 0.01893$ | $0.5913 \pm 0.03721$ | $\mathrm{~T}=0.14 ; \mathrm{NS}$ |
| First phalanx/D4 length (left hand) | $0.5646 \pm 0.01661$ | $0.5618 \pm 0.02869$ | $\mathrm{~T}=0.78 ; \mathrm{NS}$ |
| First phalanx/D3 length (left hand) | $0.5782 \pm 0.01807$ | $0.5736 \pm 0.02958$ | $\mathrm{~T}=1.23 ; \mathrm{NS}$ |
| First phalanx/D2 length (right hand) | $0.5878 \pm 0.01437$ | $0.5856 \pm 0.03594$ | $\mathrm{~T}=0.56 ; \mathrm{NS}$ |
| Weight (kg) | $60.50 \pm 10.81$ | $73.76 \pm 10.55$ | $\mathrm{~T}=7.70 ; \mathrm{p}<0.001$ |
| Heigth (cm) | $163.38 \pm$ | 6.44 | $176.92 \pm 6.86$ |
| Body mass Index (BMI; kg/m2) | $22.63 \pm$ | 3.64 | $26.46 \pm 2.43$ |

[^2]Table 2. Correlations among the total length of 2D, 3D and 4D fingers.

|  | Right Ring Finger | Right Middle Finger | Right Index Finger | Left Ring Finger | Left Middle Finger | Left Index Finger |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Right Ring Finger |  | 0.94*** | 0.92*** | 0.95*** | 0.94*** | 0.92*** |
| Right Middle Finger | 0.94*** |  | 0.95*** | 0.94** | 0.97*** | 0.95*** |
| Right Index Finger | 0.92*** | 0.95*** |  | 0.92*** | 0.93 *** | 0.96*** |
| Left Ring Finger | 0.95*** | 0.94*** | 0.92*** |  | 0.95*** | 0.93*** |
| Left Middle Finger | 0.94*** | 0.97*** | 0.93*** | 0.95*** |  | 0.95*** |
| Left Index Finger | 0.92*** | 0.95*** | 0.95*** | 0.93*** | 0.95*** |  |
| Women | Right Ring Finger | Right Middle Finger | Right Index Finger | Left Ring Finger | Left Middle Finger | Left Index Finger |
| Right Ring Finger |  | 0.89*** | 0.87*** | 0.91*** | $0.88 * * *$ | 0.83*** |
| Right Middle Finger | 0.89*** |  | 0.91*** | 0.89** | 0.93*** | 0.88*** |
| Right Index Finger | 0.87*** | 0.91*** |  | 0.86*** | 0.88*** | 0.93*** |
| Left Ring Finger | 0.91*** | 0.89*** | 0.86*** |  | 0.91** | 0.87*** |
| Left Middle Finger | 0.88*** | 0.93*** | 0.88*** | 0.91*** |  | 0.89*** |
| Left Index Finger | 0.83*** | 0.88*** | 0.93*** | 0.87*** | 0.89*** |  |
| Men | Right Ring Finger | Right Middle Finger | Right Index Finger | Left Ring Finger | Left Middle Finger | Left Index Finger |
| Right Ring Finger |  | 0.91*** | 0.84*** | 0.91*** | 0.89*** | $0.88 * * *$ |
| Right Middle Finger | 0.91*** |  | 0.89*** | 0.87** | 0.92*** | 0.92*** |
| Right Index Finger | 0.84*** | 0.89*** |  | $0.78{ }^{* * *}$ | 0.82*** | 0.91*** |
| Left Ring Finger | 0.91*** | 0.87*** | $0.78{ }^{* * *}$ |  | 0.95*** | 0.93*** |
| Left Middle Finger | 0.89*** | 0.92*** | 0.82*** | 0.95*** |  | 0.96*** |
| Left Index Finger | 0.88*** | 0.92*** | 0.91*** | 0.93 *** | 0.96*** |  |

*** $p<0.001$
served their statistical significance $(t=2.38, t=2.41$, $\mathrm{P}<0.018$ in both cases) and significant differences between men and women were also observed for the 4D:3D index in the right hand $(t=2.31$, $\mathrm{p}=0.022$ ). When comparisons were made with the left hand no differences were observed, probably due to the small number of cases (only 10 women and 5 men ).
We also tested whether there were differences in the first phalanx/ total finger length indices of the ring finger, the middle finger and the index finger among men and women. No differences were found (Table 1).
As expected all the indices showed direct correlation among themselves (Table 2), all in the total sample, among women only, and among men only. Similar results were observed when only the right-handed individuals were considered (data not shown).
If we compare the values of the 2D:3D, 2D:4D, and $4 \mathrm{D}: 3 \mathrm{D}$ ratios among the left hand and the right hand we can see that there are no differences among them (Table 3).

## Correlations with stature, BMI and age

We found a direct correlation between age and the 4D:3D index in the total sample ( $r=0.16$, $p=0.036$ ) and an inverse correlation between height and the 2D:3D index of the left hand ( $r=-$ $0.17, \mathrm{p}=0.033$ ); a multiple regression analysis showed that this relationship was dependent on sex. Indeed, when correlation analyses were performed separately among men and among women, no significant relationships were observed. Also, direct correlations were obtained between weight or BMI and the right 2D:3D ratio (rho $=0.179$ and rho $=0.184 ; p=0.022$ and $p=0.018$, respectively), but, again, multiple regression analyses showed that these relationships were dependent on sex.
Among women, we found a direct correlation between age and right 2D:3D (rho=0.22, $\mathrm{p}=0.018$ ). We also found a relationship between the right $2 \mathrm{D}: 3 \mathrm{D}$ ratio and BMI (rho $=0.23, \mathrm{p}=0.02$ ). These relationships were not observed among men.
As expected, crude values of finger lengths were significantly related to stature (always with a $p$ value <0.001; Table 4).

Table 3. Differences between the digit ratios among left hand and right hand in the total sample, women, and men separately.

|  | WHOLE SAMPLE |  |  |
| :--- | :--- | :--- | :--- |
|  | Left hand | Right hand |  |
| 2D:4D ratio | $0.9601 \pm 0.02628$ | $0.9591 \pm 0.02941$ | $\mathrm{~T}=0.35 ; \mathrm{NS}$ |
| 2D:3D ratio | $0.9031 \pm 0.02143$ | $0.9023 \pm 0.02420$ | $\mathrm{~T}=0.35 ; \mathrm{NS}$ |
| 4D:3D ratio | $0.9416 \pm 0.02097$ | $0.9413 \pm 0.02486$ | $\mathrm{~T}=0.14 ; \mathrm{NS}$ |
|  | WOMEN |  |  |
| 2D:4D ratio | $0.9598 \pm 0.02558$ | $0.9625 \pm 0.02890$ | $\mathrm{~T}=0.70 ; \mathrm{NS}$ |
| 2D:3D ratio | $0.9063 \pm 0.02216$ | $0.9377 \pm 0.02625$ | $\mathrm{~T}=1.38 ; \mathrm{NS}$ |
| 4D:3D ratio | $0.9413 \pm 0.02107$ |  | $\mathrm{~T}=1.10 ; \mathrm{NS}$ |
|  | $0.9606 \pm 0.02758$ | $0.9535 \pm 0.02958^{*}$ | $\mathrm{~T}=1.19 ; \mathrm{NS}$ |
| 2D:4D ratio | $0.8980 \pm 0.01931 * * *$ | $\mathrm{~T}=1.32 ; \mathrm{NS}$ |  |
| 2D:3D ratio | $0.9421 \pm 0.02097$ | $0.9471 \pm 0.02138^{* *}$ |  |
| 4D:3D ratio |  |  |  |

*t=1.93; $\mathrm{p}=0.055$ when men are compared with women.
** $\mathrm{t}=2.40 ; \mathrm{p}=0.018$ when men are compared with women.
${ }^{* * *} t=2.44 ; p=0.016$ when men are compared with women.
Table 4. Correlations between stature and finger lengths

| WHOLE SAMPLE |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Right Ring Finger | Right Middle Finger | Right Index Finger | Left Ring Finger | Left Finger | Left Index Finger |
| Stature | $r=0.69^{* * *}$ | $r=0.69^{* * *}$ | $r=0.66$ *** | $r=0.68^{* * *}$ | $r=0.72^{* * *}$ | $r=0.68^{* * *}$ |
| WOMEN |  |  |  |  |  |  |
| Stature | $r=0.42^{* * *}$ | $r=0.55^{* * *}$ | $r=0.51^{* * *}$ | $r=0.46^{* * *}$ | $r=0.59^{* * *}$ | $r=0.55^{* * *}$ |
| MEN |  |  |  |  |  |  |
| Stature | $r=0.50$ *** | $r=0.55^{* * *}$ | $r=0.62^{* * *}$ | $r=0.50$ *** | $r=0.50$ *** | $r=0.48^{* * *}$ |

*** $p<0.001$

## Multivariate analyses: discriminant functions

Using logistic regression analysis, introducing all of the calculated digit ratios, we found that the 2D:3D index of the left hand and the 4D:3D index of the right hand were independently related to sex. The introduction of the variable "stature" displaced the variables 2D:3D index of the left hand and the 4D:3D index of the right hand, but now the variable 2D:4D of the right hand was selected in second place as independently related to sex.
A discriminant function analysis showed that, including all the indices, the only ones that allow calculation of a discriminant function are the 2D:3D index of the left hand and the 4D:3D index of the right hand ( $y=33.575 x$ left hand 2D:3D in-dex- $28.40 x$ right 4D:3D index -3.586 ; centroid for women $=0.21$; centroid for men $=-0.336$ ). This function allows a correct classification of $59.4 \%$ of women and $61.9 \%$ of men, with an overall accuracy of $60.4 \%$.
We applied this discriminant function to the test group (whose data are shown in Table 5), com-
posed of 36 women and 24 men. It correctly classified $58.33 \%$ of the sample ( $50 \%$ of men and $63.8 \%$ of women).
If we introduce the crude values of finger lengths together with the indices the only selected variable is left D3 finger length, and the discriminant function $y=0.159 x$ left D3 finger length -16.660 allows a correct classification of $81.2 \%$ of women and $85.7 \%$ of men, with an overall accuracy of $82.9 \%$.When this formula is applied to the test group, the proportion of correctly classified men increases to $91.66 \%$, but that of correctly classified women decreases to $41.66 \%$, with an overall accuracy of $65 \%$.
If we introduce the variable stature, the discriminant function is $y=-9.664 \times 2 \mathrm{D}: 4 \mathrm{D}$ of the right hand +0.151 x stature -16.225 . This function allows a correct classification of $85.1 \%$ of women and $87.3 \%$ of men, with an overall accuracy of $86 \%$.
If we apply this discriminant function to the test group, overall accuracy was $81.67 \%$, with a correct classification of $83.33 \%$ of women and $79.16 \%$ of

Table 5. Differences of several digit ratios among men and women in the test group (dorsal measurements).

|  | Women $(n=36)$ | Men $(n=24)$ | $T ; p$ |
| :--- | :--- | :--- | :--- |
| Left 4D:3D ratio | $0.9462 \pm 0.03214$ | $0.9483 \pm 0.02663$ | $\mathrm{~T}=0.26 ; \mathrm{NS}$ |
| Right 4D:3D ratio | $0.9474 \pm 0.02622$ | $0.9506 \pm 0.02058$ | $\mathrm{~T}=0.51 ; \mathrm{NS}$ |
| Left 2D:4D ratio | $0.9713 \pm 0.03513$ | $0.9596 \pm 0.03553$ | $\mathrm{~T}=1.25 ; \mathrm{NS}$ |
| Right 2D:4D ratio | $0.9699 \pm 0.0359$ | $0.9575 \pm 0.02622$ | $\mathrm{~T}=1.51 ; \mathrm{NS}$ |
| Left 2D:3D ratio | $0.9181 \pm 0.01446$ | $0.9092 \pm 0.01321$ | $\mathrm{~T}=2.41 ; \mathrm{p}=0.019$ |
| Right 2D:3D ratio | $0.9184 \pm 0.03111$ | $0.5609 \pm 0.03108$ | $\mathrm{~T}=1.17 ; \mathrm{NS}$ |
| First phalanx/D3 length (right hand) | $0.5642 \pm 0.03422$ | $0.5726 \pm 0.02160$ | $\mathrm{~T}=0.38 ; \mathrm{NS}$ |
| First phalanx/D2 length (right hand) | $0.5646 \pm 0.03791$ | $0.5683 \pm 0.02901$ | $\mathrm{~T}=0.43 ; \mathrm{NS}$ |
| First phalanx/D4 length (left hand) | $0.5622 \pm 0.03557$ | $0.5681 \pm 0.01694$ | $\mathrm{~T}=1.29 ; \mathrm{NS}$ |
| First phalanx/D3 length (left hand) | $0.5692 \pm 0.02953$ | $0.5761 \pm 0.02063$ | $\mathrm{~T}=0.12 ; \mathrm{NS}$ |
| First phalanx/D2 length (right hand) | $0.5662 \pm 0.03557$ | $84.04 \pm 11.17$ | $\mathrm{~T}=2.11 ; \mathrm{p}=0.039$ |
| First phalanx/D3 length (right hand) | $0.5630 \pm 0.02538$ | $178.13 \pm 8.06$ | $\mathrm{~T}=5.50 ; \mathrm{p}<0.001$ |
| Weight (kg) | $66.03 \pm 13.19$ | $26.46 \pm 2.43$ | $\mathrm{~T}=7.82 ; \mathrm{p}<0.001$ |
| Heigth (cm) | $163.53 \pm 62 ; \mathrm{NS}$ |  |  |
| Body mass Index (BMI; kg/m2) | $22.63 \pm 3.64$ |  |  |

NS= non-significant
men.

## DISCUSSION

The population group analysed was composed of young medical students. Although the series is relatively short, our results clearly show that men and women show different values of several digit indices, namely the 2D:4D ratios, both on the right and left hands, and also the left 2D:3D ratio and the right 3D:4D ratios. Statistical significance among men and women regarding these two last variables were higher than those observed for the 2D:4D ratio. In fact, multivariate analyses disclosed that sex was the independent variable that explained the relationships observed between several indices and stature or BMI in the whole study group. The relationship between the right 2D:3D ratio and BMI (rho=0.23, $\mathrm{p}=0.02$ ) among women was not reproduced in the test group. Some other authors have also found relationships between digit ratios and BMI. Among men, Klimek et al. (2014) found an inverse relationship of BMI with the 2D:4D ratio. In contrast, Fink et al. (2006) found a positive, significant correlation between neck circumference (a surrogate marker of obesity) and the 2D:4D ratio, a result similar to what we observed among women with the 2D:3D digit ratio.
In the same sense the relationship observed between age and some indices has not been observed in large series (Xu and Zheng, 2015), nei-
ther was it observed in the test group in our study. We believe that it may obey to a type I statistical error rather than a true change in digit ratios when the oldest people are compared with the younger ones. In any case, this second possibility exists, and we have no solid argument to refute it. Manning et al. (2000) also report weak associations between the 2D:4D digit ratio and age for several ethnic groups, but they did not give an explanation for these findings. Conflicting results have been reported regarding the relationships of 2D:4D digit ratio and osteoarthritis -a disease of the aged(Vehmas et al., 2006, who did not find any relation, vs de Kruijf et al. (2014), who did find an association). Recently, Kalichman et al. (2017) report a relationship between the 2D:4D ratio and an osseographic score related with skeletal aging. Indeed, osteoarthritic changes affecting fingers may profoundly alter finger measurements. In our series we have specifically excluded individuals with osteoarthritis, so we cannot provide any answer to this open question.
Several studies have assessed sexual dimorphism based on the 2D:4D ratios. Xi et al. (2014), in the Han ethnicity, found differences between men and women only in the right hand, absolute values being $0.95 \pm 0.03$ and $0.96 \pm 0.03$ (nearly identical as those reported in this study) respectively, by direct measurement of the basal crease of the finger proximal to the palm to the tip of the finger. Differences were even more marked when

Table 6. Compilation of some studies dealing with digit ratios. Authors listed in the first column are also included in the reference list.

| Author | Country | Men |  | Women |  | Hand | Method |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | n | 2D:4D | n | 2D:4D |  |  |
| Evardone and Alexander (2009) | USA (Texas) | 58 58 | $0.96 \pm 0.03$ $0.96 \pm 0.04$ | 52 52 | $\begin{aligned} & 0.97 \pm 0.03 \\ & 0.96 \pm 0.04 \end{aligned}$ | Right Left | Distance from the basal crease to the finger tip (ventral) (photocopies) |
| Brown et al. (2002) | UK | 28 28 | $0.9572 \pm 0.0375$ $0.955 \pm 0.079$ | 44 44 | $0.981 \pm 0.032$ $0.968 \pm 0.005$ | Right * Left | Distance from the basal crease to the finger tip (ventral) (photocopies) |
| Kumar et al.(I) (2017) | India | 51 51 | $0.937 \pm 0.029$ $0.933 \pm 0.021$ | 53 53 | $\begin{aligned} & 0.929 \pm 0.022 \\ & 0.933 \pm 0.021 \end{aligned}$ | Right <br> Left | Dorsal digit length calliper |
| Kumar et al. (II) | India | 86 | $\begin{aligned} & 0.935 \pm 0.021 \\ & 0.937 \pm 0.019 \end{aligned}$ | 68 | $\begin{aligned} & 0.938 \pm 0.020 \\ & 0.937 \pm 0.022 \end{aligned}$ | Right <br> Left | Dorsal digit length calliper |
| Vehmas et al. (2006) | Finland | --- | ------ | 490 | $0.925 \pm 0.021$ | Right | X-ray |
| Xi et al. (2014) | China (Han) | 128 128 | $0.95 \pm 0.03$ $0.96 \pm 0.03$ | 122 122 | $0.96 \pm 0.03$ $0.97 \pm 0.03$ | Right * Left | Distance from the basal crease to the finger tip (ventral) |
| Xi et al. (2014) | China | 128 128 | $0.92 \pm 0.02$ $0.92 \pm 0.02$ | 122 122 | $\begin{aligned} & 0.93 \pm 0.02 \\ & 0.93 \pm 0.02 \end{aligned}$ | Right * <br> Left* | X-Ray classic |
| Manning et al. (2000) | England | 117 117 | $\begin{aligned} & 0.98 \pm 0.03 \\ & 0.98 \pm 0.04 \end{aligned}$ | 183 183 | $\begin{aligned} & 0.99 \pm 0.04 \\ & 0.99 \pm 0.04 \end{aligned}$ | Right Left | Distance from the basal crease to the finger tip (ventral) |
| Manning et al.(2007) | Austria | 169 | $0.979 \pm 0.041$ | 135 | $0.990 \pm 0.042$ | Right |  |
|  |  | 169 | $0.988 \pm 0.041$ | 135 | $0.991 \pm 0.039$ | Left |  |
|  | Belgium | 644 | $0.981 \pm 0.044$ | 428 | $0.989 \pm 0.047$ | Right |  |
|  |  | 644 | $0.985 \pm 0.042$ | 428 | $0.989 \pm 0.044$ | Left |  |
|  | Denmark | 338 | $0.980 \pm 0.042$ | 295 | $0.987 \pm 0.046$ | Right |  |
|  |  | 338 | $0.987 \pm 0.042$ | 295 | $0.990 \pm 0.048$ | Left |  |
|  | Finland | 760 | $0.984 \pm 0.046$ | 523 | $0.990 \pm 0.044$ | Right |  |
|  |  | 760 | $0.986 \pm 0.044$ | 523 | $0.990 \pm 0.041$ | Left |  |
|  | France | 409 | $0.983 \pm 0.045$ | 316 | $0.989 \pm 0.046$ | Right |  |
|  |  | 409 | $0.986 \pm 0.044$ | 316 | $0.986 \pm 0.045$ | Left |  |
|  | Germany | 655 | $0.983 \pm 0.042$ | 413 | $0.994 \pm 0.046$ | Right* |  |
|  |  | 655 | $0.985 \pm 0.040$ | 413 | $0.994 \pm 0.046$ | Left* |  |
|  | Ireland | 2323 2323 | $0.982 \pm 0.048$ $0.983 \pm 0.048$ | 2260 295 | $0.991 \pm 0.050$ $0.991 \pm 0.048$ | Right* Left* | Self-reported Distance from the basal crease to the finger tip (ventral) |
|  | Netherlands | 915 | $0.982 \pm 0.048$ | 593 | $0.991 \pm 0.049$ | Right* |  |
|  |  | 915 | $0.986 \pm 0.042$ | 593 | $0.993 \pm 0.047$ | Left* |  |
|  | Norway | 270 | $0.981 \pm 0.043$ | 182 | $0.990 \pm 0.050$ | Right |  |
|  |  | 270 | $0.983 \pm 0.042$ | 182 | $0.989 \pm 0.047$ | Left |  |
|  | Sweden | 670 | $0.982 \pm 0.050$ | 291 | $0.995 \pm 0.051$ | Right |  |
|  |  | 670 | $0.983 \pm 0.046$ | 291 | $0.994 \pm 0.049$ | Left |  |
|  | Switzerland | 255 | $0.983 \pm 0.041$ | 165 | $0.990 \pm 0.042$ | Right* |  |
|  |  | 255 | $0.983 \pm 0.040$ | 165 | $0.989 \pm 0.037$ | Left* |  |
|  | U K | 42602 | $0.985 \pm 0.047$ | 33748 | $0.993 \pm 0.049$ | Right* |  |
|  |  | 42602 | $0.986 \pm 0.047$ | 33748 | $0.992 \pm 0.047$ | Left* |  |
|  | USA | 20944 | $0.985 \pm 0.052$ | 18692 | $0.998 \pm 0.055$ | Right* |  |
|  |  | 20944 | $0.985 \pm 0.051$ | 18692 | $0.995 \pm 0.053$ | Left* |  |


| Author | Country | Men |  | Women |  | Hand | Method |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | n | 2D:4D | n | 2D:4D |  |  |
| Müller et al. (2017) | Germany | 77 77 | $0.97 \pm 0.03$ $0.97 \pm 0.03$ | 140 140 | $\begin{aligned} & 0.98 \pm 0.03 \\ & 0.98 \pm 0.03 \end{aligned}$ | Right* Left | Distance from the basal crease to the finger tip (hand scan) |
| Kaneoke et al. (2017) | Japan | ---- | ---- | 403 403 | $\begin{aligned} & 0.963 \pm 0.026 \\ & 0.966 \pm 0.026 \end{aligned}$ | Right <br> Left | Distance from the basal crease to the finger tip (hand scan) |
| Canan et al. (2017) | Turkey | 283 283 | $\begin{aligned} & 0.991 \pm 0.034 \\ & 0.990 \pm 0.035 \end{aligned}$ | 369 369 | $\begin{aligned} & 1.009 \pm 0.038 \\ & 0.997 \pm 0.037 \end{aligned}$ | Right* <br> Left* | Distance from the basal crease to the finger tip (Vernier calliper; direct) |
| Maitra et al. (2016) | Central India | 500 500 | $\begin{aligned} & 0.967 \pm 0.033 \\ & 0.963 \pm 0.037 \end{aligned}$ | 464 464 | $\begin{aligned} & 0.982 \pm 0.027 \\ & 0.974 \pm 0.034 \end{aligned}$ | Right* <br> Left | Distance from the basal crease to the finger tip (Vernier calliper; direct) |
| Neyse et al. (2016) | Germany | 146 | $\begin{aligned} & 0.956 \pm 0.028 \\ & 0.961 \pm 0.028 \end{aligned}$ | 139 | $\begin{aligned} & 0.967 \pm 0.036 \\ & 0.970 \pm 0.034 \end{aligned}$ | Right* <br> Left * | Distance from the basal crease to the finger tip (hand scan) |
| Kim et al. (2015) | Korea | 257 | $0.947 \pm 0.030$ | 251 | $0.952 \pm 0.037$ | Right | Distance from the basal crease to the finger tip (Vernier calliper; direct) |
| Masuya et al. (2015) | Japan | 59 59 | $0.952 \pm 0.026$ $0.950 \pm 0.029$ | 57 57 | $0.953 \pm 0.032$ $0.948 \pm 0.033$ | Right Left | Distance from the basal crease to the finger tip (ventral) (photocopies) |
| Gorka et al. (2015) | USA (North Carolina) | 211 211 | $0.959 \pm 0.029$ $0.950 \pm 0.033$ | 253 253 | $0.972 \pm 0.034$ $0.965 \pm 0.034$ | Right * Left * | Distance from the basal crease to the finger tip (ventral) (photocopies) |
| Xu and Zheng (2015) | Chinese (metaanalysis of 28 studies) | 4488 4220 | $\begin{array}{cc} 0.948 & (0.942- \\ 0.953) & \\ 0.951 & (0.946- \\ 0.957) & \end{array}$ | 4312 3750 | $\begin{aligned} & 0.958 \quad(0.952- \\ & 0.964) \\ & 0.959 \quad(0.953- \\ & 0.965) \end{aligned}$ | Right* Left |  |
| Apicella et al. (2016) | Hadza hunters (Tanzania) | 76 76 | $\begin{aligned} & 0.989 \pm 0.040 \\ & 0.984 \pm 0.040 \end{aligned}$ | 76 76 | $\begin{aligned} & 0.967 \pm 0.040 \\ & 0.983 \pm 0.040 \end{aligned}$ | Right <br> Left | Distance from the basal crease to the finger tip (digital calliper; direct) |
| BoschDomenech et al. (2014) | Spain | 260 260 | $\begin{aligned} & 0.9597 \pm 0.033 \\ & 0.9651 \pm 0.032 \end{aligned}$ | 363 363 | $\begin{aligned} & 0.9717 \pm 0.033 \\ & 0.9749 \pm 0.032 \end{aligned}$ | Right* <br> Left* | Distance from the basal crease to the finger tip (hand scan) |

measurements were performed on X rays, either including or not soft tissue at the tip of the finger. Manning et al. (2007), also in Chinese population, found values of 0.974 among men and 0.986 among women on the right hand, and of 0.971 and 0.982 , respectively, on the left hand. When these measurements were also obtained from a small British sample attending an infertility clinic, the results were $0.970+/-0.04$, or $0.960+/-0.03$, in both cases slightly higher than those observed here (Manning et al., 2004). In another English sample including 300 individuals, no differences among men and women were reported, with women showing 2D:4D ratios of 0.99 and men, of 0.98 (Manning et al, 2000). These measurements were obtained on the ventral aspect of hands. In the same manuscript data are provided for a Zulu population, which showed no differences among men and women, both sexes showing a 2D:4D ratio of 0.95 ; for Hungarian Gypsies, who also lack to show differences among sexes. Male Finns showed the lowest 2D:4D values (0.93), whereas Polish women, the highest ones (1.00). In Table 6
we compile some more studies dealing with digit ratios among different populations. Some of the data reported were obtained from very large series, such as those from China, USA and UK, although some of them are based on self-reported data. Overall, we can see, that, in general, men have shorter D2:D4 indices than women; right hand derived indices were more frequently statistically significantly different than left hand derived ones; however, in some geographical areas differences are not statistically significant. Our values, both for men and women, are slightly lower than the self-reported data derived from European and non-European countries, but they are indeed very similar to the data gathered using photocopies from white UK and USA individuals of both sexes, underscoring the importance of the method employed.
However, as in other studies, differences of digit ratios among sexes are relatively small, and this fact explains why the accuracy of a discriminant function based on the finger ratios is relatively low, as shown in this manuscript. A different question is
the performance of discriminant functions that include crude values of finger length, because, in fact, finger length is a surrogate of stature, a variable that, within a given population, is highly dimorphic. This is clearly shown in the present study, in which inclusion of stature yields a discriminant function with more that $85 \%$ accuracy. Remarkably, this discriminant function also includes D2:D4 index, underscoring its value in assessing dimorphism. Although not an objective of the present study, if we briefly analyse the accuracy of other discriminant functions performed in order to estimate sex (based on tibial measurements, or mandibles, or teeth), we find that it ranges between 8095\% (Kranioti et al., 2017; Nathena et al., 2017; Gretwal et al., 2017). The introduction of new methods using standard databases that include measurements derived from thousands of individuals of known sex of several races and geographic areas allow a rapid estimation of sex of skeletal remains, something that can be complemented by molecular methods in cases in which remains are poorly preserved. This has been thoroughly reviewed recently (Krishan et al., 2016), but application of discriminant functions derived from foreign populations to a concrete case may yield non reliable results, as also pointed out in the mentioned review, and as we also reported some years ago (González-Reimers et al., 2015). Therefore, sex assignment of skeletal remains based on pure anthropometric data is still a difficult task, mainly due to differences in ethnicity. This limitation should be always considered when we try to estimate sex applying a discriminant function obtained from a different population.
In this study we provide evidence that the use of the classic digit ratios are by themselves of little aid in the discriminant analysis among sexes. However, when the crude finger length values are introduced the discriminate power markedly increases, and when stature is also included, the combination of stature and the D2:D4 digit ratio even increases the discriminant power. Crude values of finger length may better discriminate among sexes than digit ratios do, but they may also yield misleading results. Small hands with short fingers are probably more uncommon among men than are long fine fingers among women. Perhaps this explains why the discriminant function obtained with D3 length showed a greater accuracy when applied to men in the test group, but a lower one when applied to women.
As expected, there were significant correlations between finger length and stature, but not between most of the digit ratios and stature. Stature, in most modern populations, is a highly dimorphic variable, but this assertion is not of universal validity, and differences in stature vary among countries and ethnicity. Interestingly, in our study the 2D:4D digit ratio of the right hand shows an inde-
pendent discriminant power, even when stature is also included in the analysis. The validity of this result is confirmed when this function (including stature and D2:D4 digit ratio) was applied to the test group, yielding accuracy values similar to those observed in the study group.
Therefore, we conclude that among the modern population of Tenerife, in the Canary Islands, the 2D:4D digit ratios of both hands, the left 2D:3D ratio, and the 4D:3D of the right hand are different among men and women, always smaller among men than among women. The magnitude of the difference among sexes is similar to that reported for other populations, and it allows for the elaboration of a discriminant function with an accuracy of $60.4 \%$, that reaches $86 \%$ if stature is also included.

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[^2]:    $N S=$ non-significant

